

Chromotherapy Colors

Red

Circulation, chronic illness, non-infected wounds, scar tissue, strengthens kidney, heart, muscles, blood, lungs, bones.

Orange

Depression, cramping, relaxant, sclerosis, heart disease, boosts immune system, circulation, raises blood pressure, artery disturbance (especially in legs), genitals, cleans and purifies hormonal system.

Yellow

Fear (obsessive, habitual), digestion, stomach, gall bladder, liver, immune system, fortifies endocrine and nervous systems, nerve tonifier, motor stimulant, assimilation, lateral disturbances, helps chronic become acute.

Green

Liver (swelling or growth), anti-inflammatory, eye problems, post nasal drip, gout, diabetes, cysts, tumors, pituitary stimulant, washes out endo-toxins, promotes healthy bones, painful joints, allergies.

Turquoise

Immune system, skin (burns and infections), mental relaxation, acidic, tonifier, regulates lung/large intestine systems, stimulates thymus center.

Blue

Anti-bacterial, anti-infection, anti-cramping, headaches, helps farsightedness, facilitates restful sleep, pain relieving, nervousness, insomnia, hemorrhage, herpes, warts, lowers blood pressure, fever.